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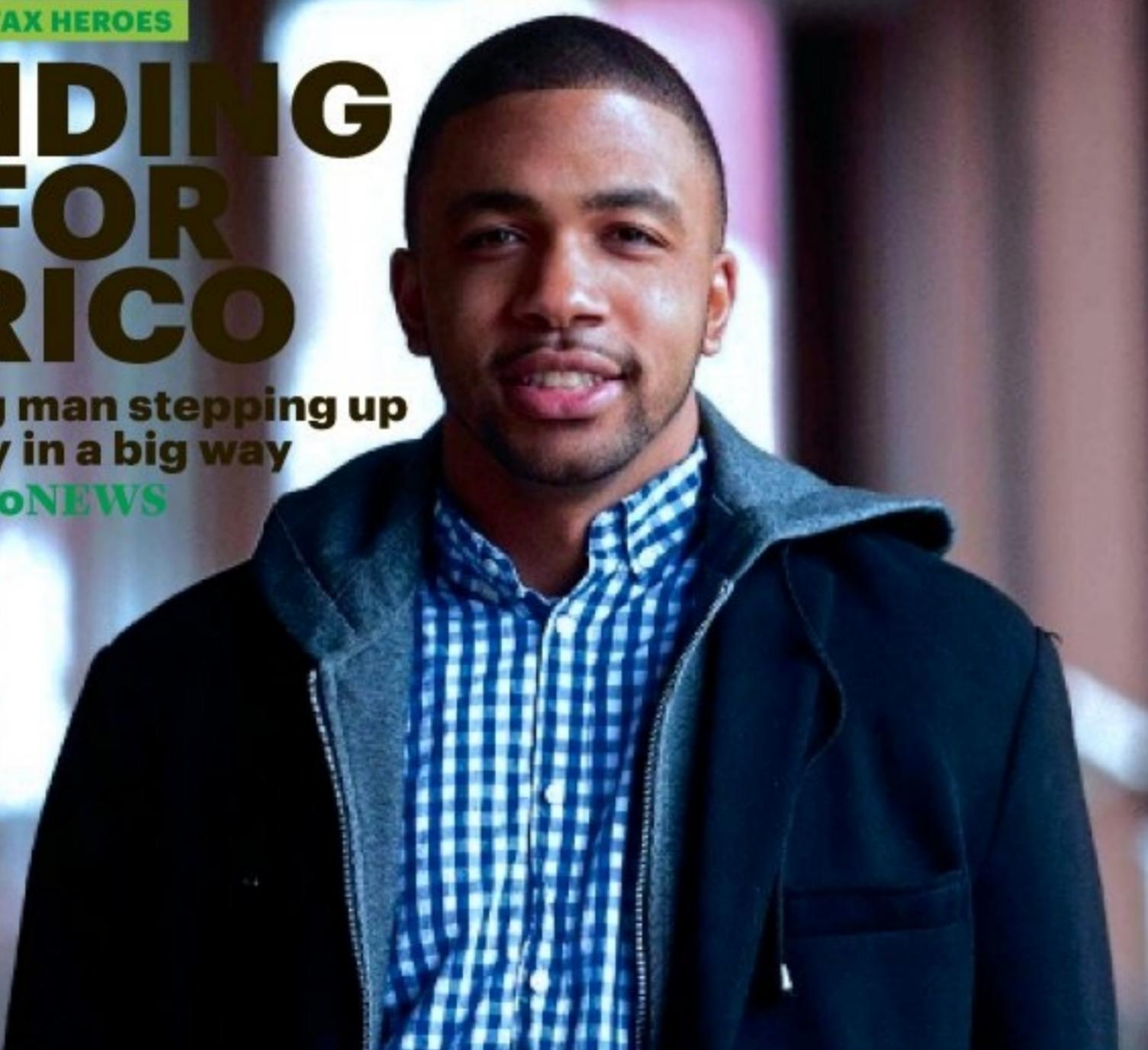
Your essential daily news | MONDAY, DECEMBER 19, 2016

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HALIFAX HEROES STANDING UP FOR DERICO

Meet the young man stepping up
for the city in a big way

metroNEWS



DeRico Symonds at
Alderney Landing
on Sunday. JEFF HARPER/METRO



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'I'm here for Syria'

MIDDLE EAST

Nearly 200 protest in city over country's civil war

 **Zane Woodford**
Metro | Halifax

As evacuation efforts stalled in Aleppo, nearly 200 people gathered in a Halifax park on Sunday to raise awareness of the plight of people caught in the middle of the deadly civil war in Syria.

Men, women and children, many of them new Canadians, gathered in Victoria Park holding Syrian flags with the word 'Freedom' printed on them. Young children held signs reading, "STOP THE KILLING IN SYRIA," "HELP MY FRIENDS," and "SAVE PEOPLE IN ALEPPO" written in Arabic and English.

People chanted, in reference to Syrian president Bashar al-Assad, "Hey Bashar, what do you say? How many kids you kill today?"

Sharee al-Rasheed came from Syria to Halifax just seven months ago.

"I'm here for Syria, for my country," he said at the park on Sunday.

Hasan Sinan is not from Syria, but said many of his friends are.

"It is very frustrating. One of my closest friends is actually from Aleppo, and we were talking on the phone the other day and it's just devastating," he said.



Close to 200 people — many of them new Canadians — came out to Victoria Park on Sunday to protest the killing of civilians in Syria. JEFF HARPER/METRO



We're still here, we still remember them, we're very supportive, and we're here to help. They're not forgotten. Hadeel Dalloul

"It's just a terrible feeling to just watch, and not being able to do anything."

Sinan said he came out on Sunday to "stand with our brothers and sisters there," and said he hoped the demonstration

would help raise awareness in the community. But seeing everything happening in Syria, he still feels helpless.

"It's a sad time to be alive, really," he said. Hadeel Dalloul said she went

to the demonstration to support Halifax's growing Arabic community, and especially the Syrian community, and to show the world that "we're still here, we still remember them, we're very supportive, and we're here to help. They're not forgotten."

"It breaks your heart to see the innocents, and the children and the women being killed for absolutely no reason," Dalloul said.

"It's a reminder that we lost

our humanity in a way, that we can watch this, and just because it's not in Canada, just because it's not on this land, that means it's OK? It's not. You just have to keep reminding yourself that we are human."

More than 8,000 kilometres away in Aleppo, thousands of people waited Sunday for delayed buses to evacuate the city that UN Secretary General Ban Ki-moon described as a "synonym for hell."

EVACUATION

The Associated Press reported Sunday that the UN Security Council was set to vote Monday morning on an agreement that would see UN monitors deployed to eastern Aleppo to ensure safe evacuation.

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HALIFAX HEROES Ordinary people doing extraordinary things

Leaders 'step up and get involved'

YOUTH DEVELOPMENT

Award-winning activist believes in the power of community

Yvette d'Entremont
Metro | Halifax

No matter where you come from, you can be different from whatever is happening around you.

That's a message DeRico Symonds works hard to share with the young people who look up to him.

Not yet 28 years old, Symonds has already received awards for his commitment to community, including the Queens Diamond Jubilee Century of Service Award and the Irving and Ruth Pink award for youth development and social justice.

The co-founder of the social enterprise 'Future Roots' in north end Halifax believes when youth have good role models to look up to and connect with, big things can happen.

"I think it's extremely important for people to step up and get involved because there are always kids around and you never know who's watching and you never know who you can influence," he said.

"If you're constantly and consistently striving to ensure people are doing well you're going to have an effect. Sometimes it's an effect you don't even realize, or you'll find out years later, or you may never know."

Symonds has been working with youth and communities for more than a decade. Currently the program manager



DeRico Symonds, the co-founder of Future Roots and program manager with the HRM Youth Advocate and Souls Strong program, has been working in outreach for well over a decade. JEFF HARPER/METRO



If you're constantly and consistently striving to ensure people are doing well you're going to have an effect.

DeRico Symonds

with the HRM Youth Advocate and Souls Strong program, his paid employment spills out into his volunteer endeavours.

Future Roots, which he co-founded with Lisa Roberts almost two years ago, operates out of Veith House and employs young people between 13 and 17 living in north end Halifax. That social enterprise has already partnered with the

city and various community organizations. It provides employment experience, resume support and workshop training.

Symonds hopes to branch the program out to other communities throughout HRM.

"I see it as kind of preventative in that if we have young people involved at an early age, that can act as a deterrent to any other negative behaviour

and it also gives you a foot in the door in terms of employment," Symonds said.

Symonds serves on the board with United Way Halifax and is vice-chair of the Halifax Society for Children, Youth and Families. Next month, he begins volunteering with Phoenix Youth running their basketball program at Needham recreation centre.

For the past three years, he has also helped develop and organize the Mulgrave Park 'Spread the Love Day.' He has been co-chair of the Veith House board in addition to other volunteer projects.

"I am so involved in community and really big on giving back because I don't think that any one person would be anywhere that they are without the help of caring adults and caring people and caring community," he said.

Most recently, Symonds decided to start a crowdfunding campaign to provide Christmas dinners to eight families in four communities. He raised more than \$2,000, which will impact seven communities and 14 families.

"The campaign is raising awareness and really showing the power of everyone collect-



HELP PICK A HERO

Nominate someone

Each week, we will profile an unsung volunteer hero in our community as part of Halifax Heroes. To nominate someone, email philip.croucher@metronews.ca, Metro Halifax's managing editor, or Tweet @metrohalifax using the hashtag #HalifaxHeroes

ively coming together and taking on as their responsibility making sure everybody is OK," he said. "The campaign is small but powerful."

Although reluctant to talk about himself and his accomplishments, Symonds said if it helped motivate a single young person, it would be worth it.

He's now following up his 2012 bachelor of child and youth studies degree from Mount Saint Vincent University by working part time on a master's degree in education and counselling from Acadia.

"People blossom up and are known as leaders, but that's because they had other people around them," he said. "It's really that you're not a leader until you can produce a leader who can produce another leader."

Symonds actively encourages young people to pursue their dreams and to share them.

"What I tell young people is that your words are physical. If you want to be something tell one person every single day and the world will actually move out of your way," he said.

"Things will start falling into place. Nobody is going to be able to help you get to your goals if they don't know. Tell them. Say it out loud."

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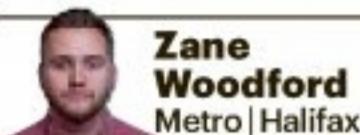
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TEACHERS

Union mum on renewed talks



**Zane
Woodford**
Metro Halifax

A spokesperson for the Nova Scotia Teachers Union (NSTU) said in an email on Sunday that she had no update on the status of talks between the union and the Nova Scotia government.

The NSTU and the government agreed to resume talks on Saturday after the second week of work-to-rule job action by the province's public school teachers.

A letter from Premier Stephen McNeil last week asked Labour Minister Kelly Regan to bring the parties together at the table "with open minds and reasonable perspectives."

McNeil also wrote the strike action has been "disruptive" for the education system both inside and outside the classroom, and it's necessary to come together to resolve the "impasse" and ensure children can return to a "high-functioning school system."

—WITH FILES FROM THE CANADIAN PRESS



Lobster boats head from West Dover on Nov. 29 as lobster fishing season on Nova Scotia's South Shore opened.

ANDREW VAUGHAN/THE CANADIAN PRESS

A lucrative catch

AIRPORT

Expanded cargo space keeps up with lobster trade

Halifax's airport has upgraded its facilities to help speed the growing shipments of live lobsters that are exported around the world.

Halifax Stanfield International Airport has added 17,000 square metres of space for cargo aircraft to load an anticipated \$15 million worth of Atlantic lobster expected to be shipped by the end of the month.

Lobster and other seafood exports are in high demand during the Christmas season,

says Bert van der Stege, vice president of business development and chief commercial officer for the Halifax International Airport Authority, making this the busiest time of year for cargo shipments at the airport.

"Exporting live lobsters is a key component — if not the key component — for cargo business at the airport," says van der Stege. "That's really what we're focusing on in terms of growing cargo volumes."

The value of lobster and other seafood exports shipped through the airport totalled \$149 million in 2015, accounting for roughly one third of the \$447 million in exports overall. Halifax airport saw a 20 per cent surge in exports last year compared to 2014,

82,700

The metric tonnage of lobster exported from Canada in 2015, totalling \$2.03 billion in revenue.

largely thanks to an additional \$57 million in lobster and seafood exports.

Van der Stege says the airport's new parking and loading area will allow for the prompt transport of seafood products in a very time-sensitive business, with customers as far away as Europe, Asia and the Middle East preferring to get their lobsters within 24 hours of leaving Halifax.

"It is a key focus for us to ensure that we can export those lobsters in a timely fashion to various parts of the world," van der Stege says. "Quality is extremely important ... and that's why we think transporting the lobsters by air is the most efficient and effective way."

The cargo area took about four months and cost approximately \$5 million to build, but the project's pricetag will pay for itself in attracting new cargo operators to Halifax airport to do business in Nova Scotia, says van der Stege.

"We're really investing in our future," he says. "Each cargo flight that leaves Halifax Stanfield generates approximately one million dollars in exports for the province, so we really see our investment as a way to contribute to the local economy."

THE CANADIAN PRESS



Students rally in support of teachers outside Province House earlier this month. JEFF HARPER/METRO

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5	Martin Garrix ft. Bebe Rexha <i>In The Name Of Love</i>
4	The Weeknd <i>I Fell It Coming</i>
3	Shaun Frank ft. Ashe <i>Let You Get Away</i>
2	Gnash ft Olivia O'Brien <i>I Hate U, I Love U</i>
1	Drake <i>Fake Love</i>



HalifaxVirginRadio.ca



The Park Victoria apartments in Halifax. GOOGLE IMAGE

Man, woman hurt in knife attack

CRIME

Suspect broke into apartment, victim says

 **Zane Woodford**
Metro | Halifax

A 19-year-old man is facing a number of charges after police say he assaulted a man and woman with a knife in a Halifax apartment building.

In a news release, police said they were called to 1333 South

Park St., known as the Park Victoria apartment building, at 2:40 a.m. Sunday by a man who said a man with a knife had broken into his apartment.

Police found the man who'd called 911 when they got to the building, and he told them he was able to escape, but the suspect was still on the 10th floor.

When officers got to the 10th floor, they heard a woman screaming down the hall. She was bleeding and told police the suspect was still in her apartment. Police went into the apartment and arrested the man without incident.

Both victims were taken to hospital with non-life threatening injuries. The man had

+ CHARGES

The 19-year-old suspect is due in Halifax provincial court on Monday to face charges including assault with a weapon, overcoming resistance to the commission of an offence by choking, forcible confinement and two counts of break and enter.

"defensive cuts to his hands" and the woman had "several cuts to her face and head."

"These were unprovoked assaults," police said, and the victims didn't know the suspect.

DARTMOUTH

Woman arrested after man found stabbed over weekend

 **Philip Croucher**
Metro | Halifax

Police arrested a 23-year-old woman after a stabbing in Dartmouth on the weekend.

Halifax Regional Police say

they were called to the 0 to 110 block of Lahey Road on Saturday night and found a 31-year-old man who had been stabbed.

The victim suffered stab wounds to his upper body, according to police, and was taken to hospital with what are

believed to be non-life threatening injuries.

As police investigated, they arrested the 23-year-old woman, who is known to the victim.

No other details were provided, including if any charges were laid.

WEATHER

Atlantic Canada sees mix of wintry conditions

Atlantic Canada is weathering downpours, freezing rain, snowfall and forceful winds as a low pressure system makes its way across the East Coast. Nova Scotia Power says electricity has been restored to parts of the province after power outages affected thousands Sunday. The transportation department has cancelled certain ferries crossings, and some roads have been closed due to flooding and washouts.

THE CANADIAN PRESS

HOME INVASION

Neighbours chase away two suspects

Police are looking for two men who broke into a Halifax-area home and attacked the person living inside.

Halifax Regional Police say they were called to the 400 block of Herring Cove Road in Spryfield at about 6:30 p.m. Friday.

Police say the 64-year-old victim told them he was in bed when he heard someone trying to force their way in through his door.

The victim investigated, and saw two men he didn't know.

According to police, the victim was then assaulted, until neighbours heard the commotion and chased the suspects away.

Luckily, the 64-year-old avoided serious injuries.

Both suspects are described as white men in their 20s, with one wearing a black coat, jeans and was sporting a large knife.

The other suspect was wearing a black jacket with a hooded collar and had a cane.

METRO



Imam Zia Khan at the mosque at Halifax's Centre for Islamic Development. When nine-year-old Zia Khan arrived in Nova Scotia in the late 1970s, he was something of a novelty to newfound friends who knew little about his Muslim heritage. ANDREW VAUGHAN/THE CANADIAN PRESS

A welcome sea change

POPULATION BOOM

Muslim, Arab communities thriving, says Halifax imam

When nine-year-old Zia Khan arrived in Halifax in the late 1970s, the boy was something of a novelty to newfound friends who knew little about his Muslim heritage or his distant homeland.

Khan and his family immigrated to Canada's east coast from Pakistan, answering a call for families and well-educated foreigners interested in settling in less populated parts of the country under then-prime minister Pierre Trudeau.

For the Khans in 1978, that meant finding their way in a province that was predominantly Christian, anglophone, and more than 90 per cent white.

"I was an oddball," Khan, the imam and director of the

Centre for Islamic Development, says with a laugh.

"I had very good friends and they were mostly all Christians. We had a very small pocket of Muslim communities and an even a smaller pocket of Arab communities."

Khan, who co-founded the mosque about 17 years ago, has watched that change over the last few decades, and has been part of a demographic shift that is slowly changing the complexion of a largely uniform province to include a richer mix of languages, religions and cultural practices.

The numbers appear to bear that out.

The most recent census in 2011 listed Arabic as the third most commonly spoken language or mother tongue in Nova Scotia — at roughly 6,700 people — and second in Halifax, ahead of Mi'kmaq and Chinese.

Many of the Arabic speakers are part of the province's Lebanese population, much of which is Christian, but

“ I'm starting to see welcome signs and instruction signs and organizations doing their pamphlets in Arabic, especially this year. Gerry Mills

a rising number are from other countries like Egypt, Iraq, Saudi Arabia, Jordan and Kuwait.

About 1,500 Syrian refugees also arrived in the province this year, boosting the number of Muslims and Arabic-speaking people in communities that many say are responding to the unique demands of a changing population when it comes to language, food and religion.

Gerry Mills, executive director of the Immigrant Services Association of Nova Scotia, has overseen the arrival of many of the Syrian refugees in Nova Scotia since late last year, and says there have been visible gestures aimed at accommodating the growing

Arabic-speaking population, which peaked in the 1990s as people fled conflict in the Middle East.

"In Halifax, I'm starting to see welcome signs and instruction signs and organizations ... doing their pamphlets in Arabic, especially this year when we've seen a lot of people at one time speaking one language coming into the province," she said, adding that some sports facilities, libraries and banks are now posting signs in Arabic.

"If you go into the banks and the grocery stores, you'll begin to see people who clearly don't have English as their first language. I don't think you used to see that 15 years ago, but you do see that

now and that's wonderful."

Hijabs are no longer an uncommon sight in the city's core. And most Nova Scotians are learning to see immigrants as a solution to the aging province's demographic crisis.

When Khan arrived there was one mosque in Halifax. Now, there are at least five, along with several halal grocery stores, markets and restaurants.

THE CANADIAN PRESS

COMING SOON

Radio Middle East finds audience in Halifax

The rise in the number of people who speak Arabic in the city attracted the attention of Montreal-based radio station, Radio Middle East, an all-Arabic channel which began broadcasting remotely in Halifax in April, with plans to open offices this spring.

DISCRIMINATION

How one performer laughs off ignorance

There have been growing pains for many in Halifax's Arab and Muslim communities, who say acceptance in the province has been marred by a lack of understanding and outright racism.

Mohamad El Attar, a Palestinian who grew up in Halifax, says he has experienced subtle and overt displays of "ignorance" that he chalks up to a lack of exposure to his Muslim faith. Both he and his sister have faced abuse from strangers, who have called her a terrorist and told both to "go back to where you came from."

El Attar tries to laugh it off, usually responding with a smile and a question — "I'm from here, so do you want me to go back to Halifax or Dartmouth?"

"Some people think, 'Oh this is the guy I saw on the news,' and it is misreported that we're violent crazy terrorists who have come to take over and I'm just like, 'Man, I'm just looking for a job. I'm just paying off tuition fees and here working and trying to pay rent,'" says the 22-year-old accountant.

"Not everyone has encountered an Arab or Muslim, especially in Nova Scotia, and some people may not have ever had a friend who wasn't white."

His frustration over the way Muslims are portrayed in the news and in his own encounters grew to the point that



Man, I'm just looking for a job. I'm just paying off tuition fees and here working and trying to pay rent.

Mohamad El Attar

El Attar decided to challenge the stereotypes in satirical and irreverent videos he posts on YouTube under the name, That Muslim Guy.

In one episode, he explains Arabs are not necessarily Muslim and vice versa as he points to a man wearing a turban.

"If you think all Muslims look like that guy, then I got news for you — you're a racist," he says in a tongue-in-cheek post. "This man is not even Muslim. This man is India's prime minister and he's Hindu." THE CANADIAN PRESS



Dead herring are shown at Gilberts Cove in this recent handout photo. JOAN COMEAU/THE CANADIAN PRESS/HANDOUT

More dead fish wash up

ENVIRONMENT

Scientists race to figure out what's behind herring die-off

Schools of dead herring keep washing ashore along the rocky beaches of western Nova Scotia, prompting a retired scientist to enlist the help of local naturalists and bird watchers as he continues to gather data about the mysterious phenomenon.

Ted Leighton, an adjunct biology professor at Nova Scotia's University of Sainte-Anne, said he has compiled more than 40 sightings since tens of thousands of dead and dying fish started appearing in St. Marys Bay in late November.

Leighton, who has an extensive background in wild animal disease investigations, said the latest sightings were reported Thursday in the Tusket River area, which is southeast of Yarmouth — and he says more dead fish were spotted in St. Marys Bay and in the Annapolis Basin earlier this week.

"The event does not appear to be over," he said in an interview last week. "Whether it's diminishing or not is really hard to say."

On Wednesday, federal scientists said they had yet to determine what is causing the die-off, despite a battery of tests. Negative results have been reported for physical damage and several types of bacterial infections and viruses.

Fisheries and Oceans Canada says more tests are expected, including a check by the Canadian Food Inspection Agency

for toxins caused by algae, and the possible presence of domoic acid — a toxin sometimes found in shellfish.

Meanwhile, Leighton has posted a message on Facebook calling on all naturalists to report sightings of dead herring to him.

Leighton said any observations should include details about the approximate number of fish, their specific location, the length of shoreline affected and the presence of other dead fish, birds or mammals. He also wants to know what proportion of the herring are still alive.

All the information he collects is being forwarded to federal officials and the Canadian Wildlife Health Co-operative, which Leighton led for 12 years.

Federal officials are warning people not to handle any dead or dying fish, mainly as a precaution.

On Nov. 30 Leighton was stunned to find roughly 5,000 herring spread across 100 metres along the pebble beach in front of his home in Smiths Cove, which is part of the Annapolis Basin, near Digby.

He dissected some of the herring at the university, but couldn't find anything amiss.

THE CANADIAN PRESS

MYSTERY

Not dying from predation

Scientists earlier thought herring could have been driven ashore by whales or other predators, but federal surveillance flights have failed to spot any large mammals along that section of the coastline.

FAMILY

Baby's first Christmas after Fort Mac escape

A baby girl, born just hours before forest fires ripped through Fort McMurray last May, is marking her first Christmas.

Violet Dawn Foley never saw the beautiful nursery prepared by parents Mallory and Corey Foley because their townhouse and most of their Abasand neighbourhood burned the day she was born.

As firefighters sprayed the hospital exterior, she and her parents, masked against suffocating smoke, were loaded onto

a city bus and evacuated to an oil workers' camp hours north of the city. First-time grandparents Don and Susan Munro of New Glasgow followed behind in their truck with the Foleys' two dogs and two of their own. Within minutes of arriving at the camp, the Foleys were deemed a medical priority and airlifted to Edmonton. The Munros stayed behind.

Mallory, 26, and a North Nova Education Centre graduate, and Corey, who grew up in Westville

and Truro, met working at Future Shop in New Glasgow and later went west in pursuit of better opportunities. They came home to marry in 2015 and by the spring of 2016 were awaiting their first child.

Her parents drove out, arriving just days before the baby. Mallory went to the hospital in labour on May 1 with fires burning outside the city. When her labour stalled, a C-section was performed early on May 3 and the tired family met their baby

girl. With mother and baby settled, the Munros went home to get sleep and Corey stayed at the hospital.

"By afternoon, the wind had changed suddenly and Corey got a call from my brother-in-law that the fire was heading toward our neighborhood and the road to our house was closing soon," Mallory remembers.

Seven months later they are looking forward to a quiet, peaceful celebration of their daughter's first Christmas. TC MEDIA

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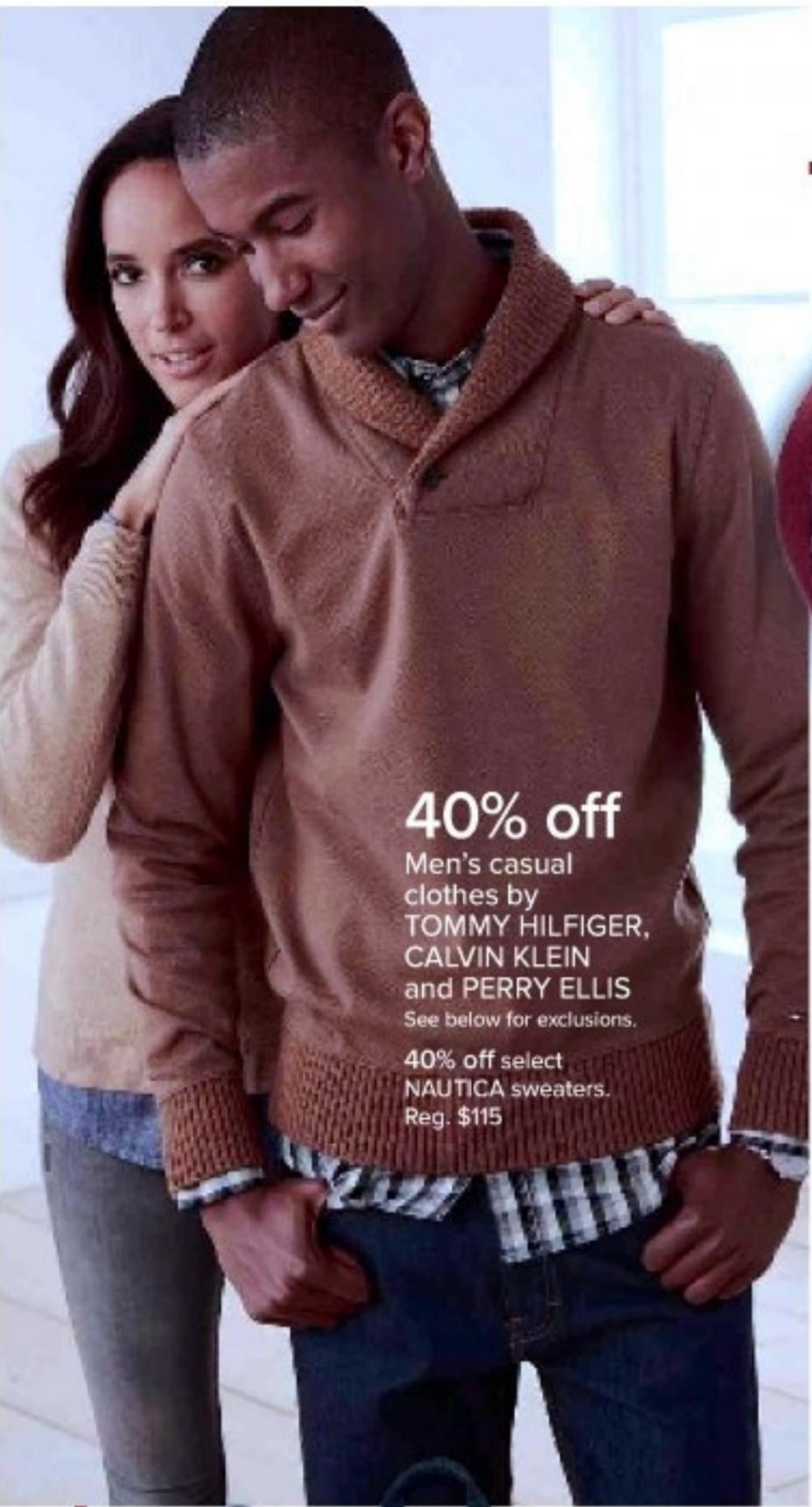
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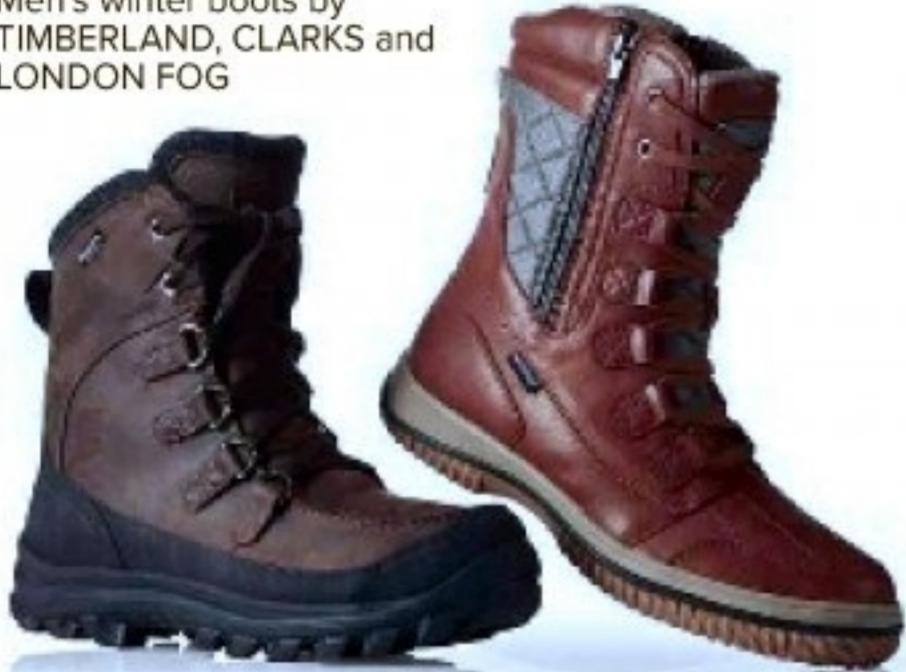
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hoodie. Reg. \$75

30% off IVY PARK
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accessories for women.
Off our regular prices.
See below for details.

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for exclusions.



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Exclusions apply. See store
for details.



50% off

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and jackets
In our outerwear
department.



50% off

Men's coats and
jackets by
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POINT ZERO, F.O.G.
BY LONDON FOG
and PERRY ELLIS

40% off other casual
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outerwear by LAUREN
RALPH LAUREN, BLACK
BROWN 1826 and
LONDON FOG; hats,
gloves, scarves, wallets,
belts and bags for men.
In our casual outerwear,
dress outerwear and
accessories departments.
See below for exclusions.

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HUDSON'S BAY



Security forces stand at the scene of an attack in the central town of Karak, Jordan, on Sunday.

BEN CURTIS/THE ASSOCIATED PRESS

Canadian among the dead in Jordan

MIDDLE EAST

Nine others killed in attack, another from Canada injured

Gunmen ambushed Jordanian police in a series of attacks Sunday, including at a Crusader castle popular with tourists, killing a woman visiting from Canada, seven officers and two local civilians, officials said.

CBC News has reported the Canadian killed was Linda Vatcher, 62, of Burgeo, N.L. The retired teacher was in Jordan on vacation. Among the 34 people wounded is Vatcher's son Chris, who works in the Middle East.

Sunday's attack is one of the bloodiest attacks in Jordan in recent memory.

Foreign Affairs Minister Stéphane Dion offered the government's condolences to the vic-



CBC has identified the Canadian killed as Linda Vatcher, 62, of Burgeo, N.L. CONTRIBUTED

tims' families.

Security officials said in a statement late Sunday that at least four gunmen were killed and that troops continued to search the area. The statement said large amounts of weapons had been seized. It made no reference to local media reports that at one point, the attackers had held hostages.

The shootings were the latest in a series of attacks that have challenged this pro-Western kingdom's claim to be an oasis of calm in a region threatened by Islamic extremists.

The killing of the Canadian tourist could further hurt Jordan's embattled tourism sector, which has declined sharply since the Islamic State group seized large parts of neighbouring Syria and Iraq two years ago.

After the attack, the Canadian embassy in Jordan tweeted a warning to Canadians, advising them against all travel to Karak until further notice.

The federal government said in an emailed statement Sunday afternoon that Canadian officials were working with local authorities to gather information.

There was no immediate claim of responsibility for the attacks in and near the central town of Karak, about 140 kilometres south of the capital, Amman.

THE ASSOCIATED PRESS

FORT MCMURRAY

The man who battled the 'beast' retiring

The man who led a fight against "the beast" is planning to move on from his role as Fort McMurray fire chief.

Darby Allen became the face of the northeastern Alberta community's scramble to beat back a fierce wildfire that laid waste to 10 per cent of the city.

Nearly 90,000 people fled the flames and were forced out their homes for at least a month, though no one died as a direct

result of the fire.

Allen, 59, is planning to retire from his post in February and leave Fort McMurray.

"That's been a bit of a weird decision for me, but it's just time for me to move on and get on with the next phase of my life and give my full attention to my lovely wife," he said.

He said his wife has osteoporosis and northern Alberta winters have been tough on her. They're

looking to relocate somewhere with a more temperate climate.

"I'm not going to take a full-time job again in any kind of fire role. I've just got some different opportunities that we're going to look at."

He said his decision was not related to the stress many in the community have experienced in the fire's aftermath, but admitted he has been struggling a bit emotionally. THE CANADIAN PRESS

NEWFOUNDLAND

Answer to man's 65-year-old mystery lived right next door

Edward "Kip" Malone says he has been dogged by the "mystery" of what ever happened to two girls he rescued from a house fire in St. John's in 1951, only to find the answer living right next door.

After about four decades working in Ontario, 77-year-old Malone returned to Newfoundland this fall to retire in Conception Bay South. A week and a half after moving in to their new home, the Malones were welcomed by their next-door neighbour, Margaret Fowler, with packages of frozen fish. Malone — nicknamed "Kip" — discovered that he and Fowler hailed from the same part of St. John's, in fact, he had an interesting story about the street he grew up on.

On Dec. 20, 1951, Malone walked past a row of what he described as three-storey, "cardboard" houses, when he heard the sound of a panicked voice coming from above.

Malone says he ran up the stairs and grabbed a frightened five-year-old girl, who refused to leave without her sister. He waded through the haze into another room where he found a three-year-old girl "hiding away," and hauled the sisters outside.



Kip Malone, centre, with Margaret Fowler, left, and Barbara Earle. BARBARA EARLE

For six and a half decades, Malone says his story didn't have an ending.

"It was always a mystery to me what became of (the girls)," Malone said. "I had never laid eyes on these people since."

Listening to Malone, Fowler

said she got goosebumps. She said in an interview that she reached over to give Malone a hug and squeeze his hand.

"I was that little girl," Fowler told him. "I wouldn't be here today if it wasn't for you."

THE CANADIAN PRESS

From jail to sail for ex-prison

The federal government is being asked to speed up the pace of redevelopment of the land and buildings that once comprised Canada's most notorious prison to make room for a top-notch sailing school.

A local group has put forward a \$300-million redevelopment plan for Kingston Penitentiary that would see the jail along the shores of Lake Ontario turned into an elite training centre for Canadian sailors, alongside a new wind power research institute.

The group, which includes former Olympic sailor John Curtis, former Kingston mayor Harvey Rosen and George Hood, a one-time head of fundraising at Queen's University, has been

working on the idea since the last inmate left Kingston Pen in 2013.

The proposal would open up the facility to the water by tearing down all but the northern wall with the large, heavy, barred doors at the prison's entrance.

Inside the sprawling property would be two museums documenting the jail's controversial history, as well as new commercial space and condominiums.

The proposal is a limited time offer: Hood said the cash comes off the table come spring if federal and local officials show no interest.

The group isn't asking for any financial help from federal or municipal coffers. What they are asking is for the federal gov-

ernment to sell them the land — and soon.

"They're funding projects across the country to try and stimulate the economy," Hood said in an interview.

"Along we come with an offer to buy a moribund, dormant federal asset, use our money to do it, and it's not going to cost them a cent and we're going to create probably 300 jobs."

Kingston's current mayor, Bryan Paterson, said other groups have also privately expressed interest to him about redeveloping Kingston Penitentiary and now may feel a little more pressure to advance their own proposals.

THE CANADIAN PRESS

O'Leary slammed over comments on military

Businessman Kevin O'Leary hasn't decided whether he'll enter the Conservative leadership race, but that isn't stopping those already in the race from going after him.

Conservative MPs Michael Chong and Erin O'Toole are both condemning O'Leary for a quote attributed to him concerning Canadian peacekeeping.

Ottawa radio station CFRA quotes O'Leary as saying that

Canadians are known as peacekeepers not warriors and "there is nothing proud about being a warrior."

One of Prime Minister Justin Trudeau's senior aides, Gerald Butts, tweeted that the comments were "appallingly disrespectful."



Kevin O'Leary

THE CANADIAN PRESS

Suicide blast kills dozens in Yemen

TERRORISM

Daesh affiliate claims attack that targeted military camp

A suicide bomber blew himself up outside a military camp in the southern Yemeni city of Aden on Sunday morning, killing at least 52 soldiers, a security official said. Daesh's Yemen-based affiliate claimed responsibility.

Abdel-Rahman al-Naqeef said 63 people were also injured in the blast. Security officials said that preliminary investigations showed the blast was the work of a bomber wearing an explosives-laden vest. The attack took place as soldiers lined up to collect their salaries, they said.

The Daesh affiliate claimed responsibility for the attack in a statement posted on Daesh-run

Aamaq news agency. It identified the bomber as Abu Hashim al-Radfan and published a photo of him smiling and wearing a white vest as he stood next to the group's black flag. It also posted photos it said were of the blast that it claimed killed nearly 70. It was not possible to immediately verify the claim.

The bombing was the latest to underscore how militants have been able to exploit Yemen's conflict to stage large-scale attacks and expand their reach, particularly in the south.

Sunday's blast took place at the same military base that was also struck by a suicide bomber on Dec. 10, killing 57 soldiers. The IS Yemeni affiliate also claimed responsibility for that attack.

In August, another IS-claimed suicide bombing in Aden left 72 people killed when the attacker detonated his pick-up truck among dozens of pro-government recruits.

THE ASSOCIATED PRESS



Soldiers gather the site of a suicide bomb at a base in the city of Aden, Yemen, on Sunday. WAEL QUBADY/THE ASSOCIATED PRESS

Zsa Zsa Gabor dead at 99

Zsa Zsa Gabor, the jet-setting Hungarian actress and socialite who helped invent a new kind of fame out of multiple marriages, conspicuous wealth and jaded wisdom about the glamorous life, has died. She was 99.

The middle and most famous of the sisters Gabor died Sunday of a heart attack at her Bel-Air home, her husband, Prince Frederic von Anhalt, said.

Gabor had been hospitalized repeatedly since she broke her right hip in July 2010 after a fall at her home. She already had to use a wheelchair after being partly paralyzed in a 2002 car accident and suffering a stroke in 2005. Most of her right leg was amputated in January 2011 because of gangrene and the left leg was also threatened. Her misfortunes were duly reported to the media by von Anhalt.

The great aunt of Paris Hilton and a spiritual matriarch to the Kardashians, Simpsons and other tabloid favourites, she was the original hall-of-mirrors celebrity, famous for being famous for being famous. Starting in the 1940s, Gabor rose from beauty queen to millionaire's wife to minor television personality to minor film actress to major public character. With no special talent, no hit TV series such as her sister Eva's *Green Acres*,



Zsa Zsa Gabor in 1986.

THE ASSOCIATED PRESS

Zsa Zsa nevertheless was a long-running hit just being Zsa Zsa — her accent drenched in diamonds, her name synonymous with frivolity and camp as she winked and carried on about men, dahlings, and the droll burdens of the idle rich.

Gabor, sisters Eva and Magda, and their mother, Jolie, emigrated to America around World War II. Zsa Zsa gained notice when she became the wife of Conrad Hilton, whom she married in 1942 and by the following decade all the Gabors were celebrities.

In 1998, cultural historian Neal Gabler diagnosed her kind of celebrity as The Zsa Zsa Factor. THE ASSOCIATED PRESS

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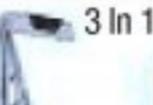
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Your essential daily news

Monday, December 1

URBAN ETIQUETTE **ELLEN VANSTONE**



Dear Ellen,
My best drinking buddy and his wife had a baby a few weeks ago, so he's basically under house arrest for the foreseeable future. I ran into him at a work thing and congratulated him. Now my (sort of) girlfriend tells me I'm socially obligated to go see the actual baby. She seemed incredibly shocked I haven't visited already. Seriously? I have no interest in kids, and doubt the baby gives a diaper-load whether I show up or not. But I don't want to offend anyone either. What's the etiquette here?

Dave

Dear Dave,
Yes, you must go see the baby.

You are right to assume the baby will have as much interest in you as you have in it: zero. In fact, I have a clear mental picture of the entire encounter. Based on nothing more than your clueless attitude and an old boyfriend of mine named Dave, I see you as a man-child-about-town who likes a drink, considers shaving optional and is a good buddy but an undomesticated nightmare of a boyfriend. I imagine your stubbled mug looming over the crib as you exhale alcoholic fumes left over from the previous night's debauchery, while the small human blob trapped by your gaze im-

I must confess, I myself did not appreciate how important this point of etiquette was until I had my own baby.

THE QUESTION

My girlfriend says I have an obligation to visit my drinking buddy's new baby. Is she right?

My friend wants to meet you.

What do you think?

I'm gonna have to check my schedule.



© Ani Castillo

mediately bursts into tears of terror and disgust.

So be it. The kid will survive, and you will have done your duty. No one is expecting you to forge any kind of meaningful relationship with the blob (assuming you're even capable of forming any kind of meaningful relationship). What we do ask is that you politely honour your friend and his wife's gigantic rite of passage by making an effort to show up.

I must confess, I myself did not appreciate how important this point of etiquette was until I had my own baby. Obviously, close friends and family came by.

But I found myself deeply touched when less-close friends and acquaintances also took the trouble to visit or send cards and gifts from afar. It bolstered my nervous-new-mom confidence to share the joy of my daughter's arrival in the world, and the superstitious side of me (which often appears in even the most skeptical of first-time mothers) took all the well-wishing as valuable deposits to a good-luck account that I suddenly realized all children needed in a world that suddenly seemed full of peril.

A small gift is also in order — some kind of stuffie or board book easily obtain-

able online or from a store recommended by your long-suffering, better-mannered, "sort-of" girlfriend.

If you need to brace yourself any further, please don't use alcohol to do so. Just YouTube "Seinfeld ugly baby" and watch the clip where Jerry and Elaine go to the Hamptons to visit friends who have a hideous newborn infant. If those self-absorbed losers can muster the manners to pretend the baby is cute and worth viewing, I'm sure you can too.

**Need advice?
Email Ellen:
scene@metronews.ca**

VICKY MOCHAMA

We were promised flying cars; we got a potato chip golden age

This is the future we've been waiting for, and man, is it disappointing.

We spent decades watching feature packages on the nightly news that breathlessly fawned over robots from Japan and cars with abstract design concepts like see-through tires and free will. Yet I still have to take out my own garbage.

(The dog robots were, I think, a mistake. Who wants something with none of the physical ability of a dog, a third as much charm, and one battery too many? If the death of a family dog is traumatic, imagine the emotional havoc of one that powers down mid-walk.)

There are plenty of marvelous things about this present world. Nothing but good things can be said of the explosion of potato chip flavors. Entire families have been saved from misadventure and divorce by never having to open a paper map thanks to GPS. Hosannas should be sung to the twin saviors of Google and Apple for sparing countless dinner parties or meetings from devolving into terminal awkwardness through the misapplication of facts.

So, yes, there is a great deal of good by our present technological standards. I am bad enough at texting to know that I would have been a terrible letter writer.

But what happened to all the cool gadgets and experiences we were supposed to have? Why did the end of the space race mean that hover boots are no longer necessary?

The Russians may no longer be the enemy (well, maybe; stay tuned), but why does that mean my house cannot casually greet me when I return home via the Tube — that is, a tube that digitally transports humans?

I understand the Cold War was a scary time. Nuclear destruction lurked, spies were everywhere, and the hopes of nations rested on their children's ability to learn math. But we in the West were working towards something at least. America was perfecting the school bully routine that would make it both the beloved high school quarterback of the last half-century and the current hustling salesman for a declining corporation ("Slide joyfully into crushing death. Go. With Visa.")

Canada was right alongside, auditioning for the role of high school sweetheart by softening squabbles, making peace where possible, and being a laid back, less athletic Australia. Australia reached peak whiteness by getting very good at cricket, rugby, surfing and marginalizing aborigines. And the Europeans pulled slowly out of post-war penury and straight into state-sponsored vacationing. As a group, we flourished.

And then we didn't. Neofascism in Europe, Brexit, Trump, whatever is probably going wrong in Australia: Something seems to have gone terribly wrong in the West and I, for one, blame the fact that my crossword app drains my phone battery.

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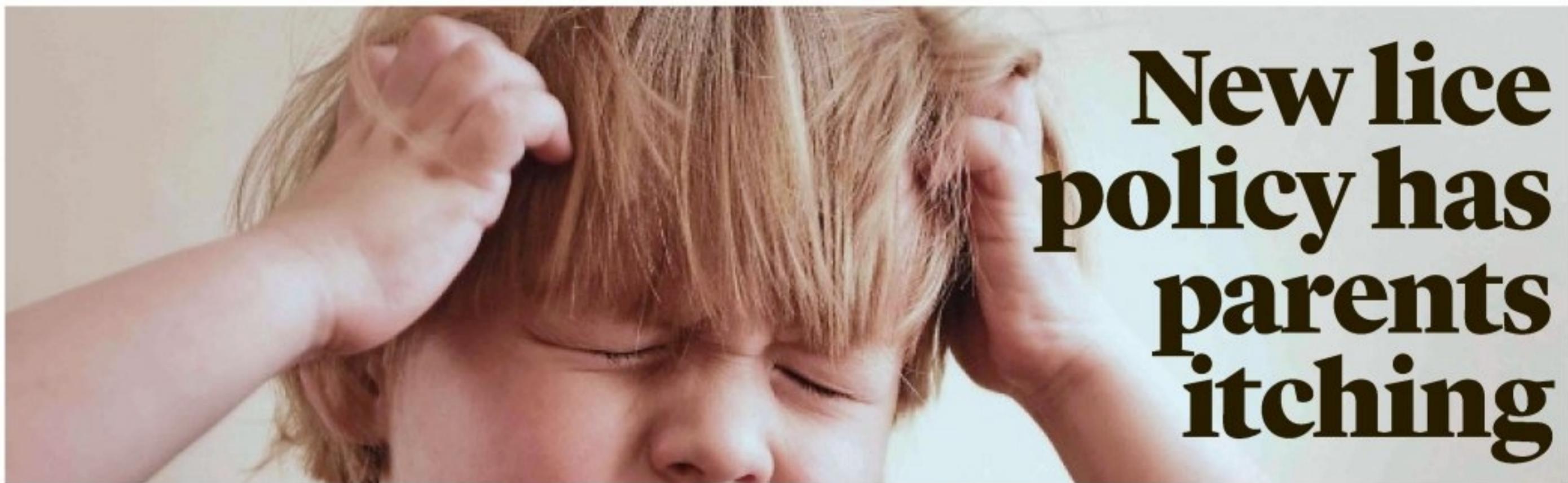
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ISTOCK

CHILDREN'S HEALTH

Bugging over a more relaxed approach to nits in schools

Genna Buck
Metro Canada



It's a problem that bugs just about every family with school-age kids at some point.

Pediculosis, a.k.a. head lice, is icky, uncomfortable and hard to prevent. But it's not serious or a cause of disease.

And these days, lice-infested youngsters are, mostly, allowed to be in school — a policy that would have been unthinkable in their parents' day.

Tara Auger of Belleville, Ont., was so infuriated when her six-year-old daughter came home with head lice that she paid a visit to her local school board of

fice and health unit this month, child in tow, to make a point.

"The school board was not excited to see me as I brought my daughter with active head lice into the building and allowed her to rub her head onto their chairs and couches. It shouldn't bother them ... since they are allowing kids to pass it around at schools on a daily basis," she wrote in a Facebook post that was shared over 550 times. "If they aren't going to force kids to stay home then there is no motivation for some to treat their kids."

School boards around the country have been bringing their head lice procedures into line with the Canadian Pediatric Society's recommendations, which say there's no rational reason to exclude children with nits or live lice from school or daycare.

According to Dr. Carl Cummings, an author of the CPS lice guidelines, kids found to have live lice don't need to be picked up from school or day care immediately. They can be

sent home at the final bell with a note asking parents to use an over-the-counter treatment to kill the critters, and return the next day. A second treatment is recommended in a week or two, just in case some eggs survived.

But some parents are itching to reinstate a traditional, aggressive "no-nit" rule instead. (The Toronto District School Board is an exception. It still has a "no-nit" policy, though it's under review).

Auger started a Change.org petition to bring federal Health Minister Jane Philpott's attention to the issue. It has 500 signatures. A similar one, started by someone else and addressed to Ontario education minister Liz Sandals, has more than 1,000. Facebook groups for parents lamenting the new, liberal approach to lice abound.

The main grouse about the louse: It's unfair to diligent parents that kids with untreated lice are allowed to be in the classroom, constantly re-infecting everyone around them.

Until recently, parents were required to comb out every last louse and egg (nit) before their child was allowed back at school. They were advised to wage war on lice at home: vacuum rugs and furniture, wash the whole family's clothes and bedding in hot water.

Auger said she missed several days of work and kept her daughter home while she went on an anti-lice tear, spending 10 hours in four days combing out nits ("It's basically torture") and cleaning her house top to bottom. The cost, including the

treatments, the nit comb, dozens of loads of laundry and lost wages: about \$500.

Dr. Cummings said going to such lengths to battle lice is — pun intended — "overkill."

No-nit policies were "creating an atmosphere of worry over something that is annoying, itchy and pretty gross, but in no way endangers anybody's actual health," he said.

Cummings admitted he'd be pretty "appalled" if parents neglect to treat head lice they've been notified about.

Yet it happens, says one On-



There is no motivation for some to treat their kids.

Tara Auger, who went to her local school board office after her daughter Cali came home with head lice

tario kindergarten teacher, who didn't want to be named.

"Last year our school had one ... family (where) the parents just gave up on it."

The Elementary Teachers' Federation of Ontario takes no position on the issue, except that teachers' shouldn't be required to do lice checks. The kindergarten teacher favours a middle-ground policy: No-nits is too extreme, but "If there's live lice, the child should be home. Then it's a burden on everybody."

Like many teachers and parents, he doubts the experts' position that most lice spread by direct contact, and that nits alone aren't an infestation.

"I don't have any research base on that," he said. "It's sheer experience."

His school doesn't require kids to be lice-free or provide proof of treatment, but does send them home with a free bottle of medicated shampoo if necessary.

"Our whole society is pushing more and more on the school."



JOHANNA SCHNELLER WHAT I'M WATCHING

THE SHOW: *Die Hard* (Hollywood Suite/IFC)
THE MOMENT: Enter the villain

Machine-gun wielding henchmen have just murdered all the security guards and taken over a half-finished skyscraper complex in Los Angeles called Nakatomi Plaza. (The tower is empty except for one office, where a Christmas party rages.) As the cold-blooded shooters enter the building manager's luxe office, they are led by a

besuited dandy who is clearly their mastermind: Hans Gruber (Alan Rickman).

Gruber saunters in, his eye on a scale model of the plaza. In a delicate German accent, he intones this quotation, reputably about Alexander the Great: "And when Alexander saw the breadth of his domain he wept, for there were no more worlds to conquer."

Gruber's mouth curls ever-so-slightly upward as he adds to no one in particular, "The benefits of a classical education."

Now this is an entrance. With the briefest of strokes, screenwriters Jeb Stuart and Stephen E. de Souza establish exactly who their villain is: his heritage, drollery, languor, grandiosity, and certainty that he's the centre of attention.

This moment also puts him in exact opposition to our down-to-earth, all-American hero, John McClane, a 'Noo Yawk' cop who hates the hoity-toity of L.A., yet who's been slightly unmanned by his more successful wife (Bonnie Bedelia).

Gruber and McClane's face-off will be World War Two all over again, with McClane going full, Yippie-Ki-Yay cowboy.

Die Hard has become a holiday classic (Hollywood Suite showed it as part of their free, five-week fifth anniversary celebration, and IFC airs it Christmas Eve). Rickman made Gruber a villain for the ages.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



Alan Rickman's brilliant performance helped turn Hans Gruber into a bad guy for the ages. CONTRIBUTED



Share a bit of Canada cool

With just under a week to go before the holidays, you've managed to pare down your gift list to just a few last names. To help you cross off that hard-to-buy-for person, our editors from coast to coast have picked a unique, locally made gift. **METRO**

Edmonton's got edge

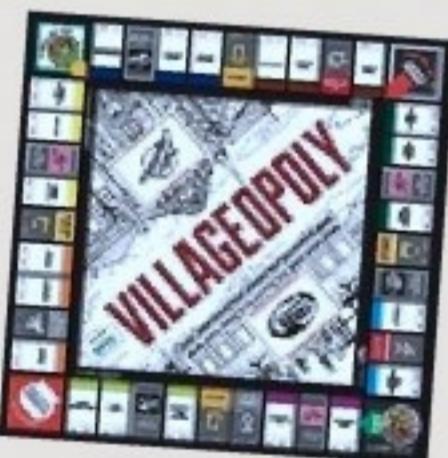
The J5 Table is Edmonton's answer to its critics. Edmonton is cool, hip and infused with a maker culture that many don't see from afar, and the J5 is that taken to new heights, hand made from concrete, wood and glass. Made by Ryspot Designs in Edmonton.



Available at: ryspot.bigcartel.com, \$450

The Peg's hot market

Pass Wild Planet. Collect \$200. In the Villageopoly board game — a version of Monopoly modelled after Canada's "great neighbourhood," Winnipeg's Osborne Village — you can own one of the strip's hip restaurants or boutiques. Proceeds go to the local Gas Station Arts Centre. **Available at:** Call 204-284-9477 or email development@gcac.ca, \$50



Mismatched but looking good in Calgary

Calgary-based biz Friday Sock Company has your feet in mind — and they want them to stand out... by mismatching your socks! Canadian designed, these socks might not look exactly alike, but they look good together. **Available at:** fridaysock.co, approximately \$15 per set



Political Circus, happening in Toronto

Toronto artist Gabe Thirlwall says popularity of her "political puppets" often mirrors opinion polls — the Justin Trudeau doll is still selling, although not as well as last year, and requests for Ontario Premier Kathleen Wynne have dropped. Among this season's best-liked finger puppets, made by silkscreen on mixed textile, are defence minister Harjit Singh Sajjan and Calgary mayor Naheed Nenshi. The pop art project is called Political Circus, aimed at public engagement in politics. **Available at:** Etsy/shop/PoliticalCircus, \$15 each

A little practicality coming from Ottawa

Purple Urchin sells environmentally friendly, handcrafted soaps. The Ottawa-based company has dozens of delicious scents to choose from and the prices are reasonable. This is a practical gift for even the most hard-to-shop-for person. **Available at:** purpleurchinsoap.com, \$5.99 per bar



Lobster-claw snowflake from the Maritimes

It doesn't get more Nova Scotian than Jampy Furniture's ocean-themed snowflake ornaments. All four designs, particularly the lobster claw, capture the unique flavour of the Maritimes. **Available at:** facebook.com/jampyfurniture, \$12.50 each or \$45 for the set of four.



Radiating style in Vancouver

East Vancouver's Wood-type Shop creates custom-made ultra-cool wooden signs (with lights) that radiate with warm, funky style. Choose the word, style, font, size and colour palette and then just chill. **Available at:** woodtype.ca, \$750 (prices vary by sign)



Get rich quicker in the new year

ADVICE

No better time to take stock and get your money working

Gail Vaz-Oxlade
For Metro Canada



Where the hell did 2016 go? Holy moley! And can you believe how easy it was to ignore the details of your financial life when everything was rushing past you like a sped-up movie scene. Time to stop, take a breath, and take stock. Living in ignorance of what's worked and what hasn't is not the way to a successful 2017, which is just around the corner. So here we go:

1. Complete a net-worth statement. How do you feel about what you accomplished financially in 2016? What's the biggest financial concern you have right now? What one thing do you want to accomplish before another year rolls past?

2. Update your budget. Did you stick to plan? What should you tweak for 2017? Once you get comfortable living on a budget, you might also get complacent about costs that are going up. Is it time to do some trimming? Have prices risen in some areas of your budget, indicating that you need to trim in other areas to rebalance? Are there other changes — partnering, babies, job changes — that have taken place since you did your budget that you need to incorporate officially?

3. Review your debt repayment plan. Some people find it hard to imagine being debt free. But you can be. It may take another job to earn the extra money to get out of debt. But if that's what it takes, you can do it. Are you on target to be debt-free by a specific date? Is that date realistic? Do you have a debt-repayment plan in writing?

4. Assess your emergency savings. It takes small steps to get to where you want to be. Having six months'

worth of essential expenses isn't a nice to have, it's a gotta have.

5. Look at your retirement plan. Are you taking advantage of the savings-matching program at work? Why the hell not? That's free money! Would you turn down a raise? If you don't have a work plan, then you must have an individual retirement savings plan.

6. Quantify your investment return. Are the investment choices you made still working for you? Are you well diversified?

This would be a good time to adjust the investments that may have fallen out of whack with your goals and tolerance for risk.

7. Review your insurance coverage: car, property, life and disability. If you think insurance is a waste of money, answer me this: As if a life disaster isn't bad enough, would it be fair to you and your family to be financially wiped out at the same time?



The beginning of a new year is a perfect time to make sure you're financially on track. iStock

8. Review your will. And how about your powers of attorney for both personal care and money? Have you named a guardian for your children? Have you reviewed this documentation in the last two years, or since your

last major life change (marriage, divorce, moving, birth of a child)?

You work hard for your money. And at the same time, it should work equally hard for you. The beginning of the year

is a perfect time to make sure you're on track and your money is doing what you want it to.

For more money advice, visit Gail's website at gailvazoxlade.com

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2016

CHRISTMAS WORSHIP

SAINT MARY'S CATHEDRAL BASILICA CHRISTMAS SEASON MASS SCHEDULE

Christmas Eve - Saturday, December 24th

No 12:15 pm or 4:00 pm Mass

No 2:30 pm Confessions

8:00 pm Mass • Carols beginning at 7:30 pm

11:00 pm Mass • Carols and Hymns beginning
at 10:10 pm with Guest Soloists

Christmas Day - Sunday, December 25th

7:30 am Mass • 10:30 am Mass • No 5:00 pm Mass

New Year's Eve - Saturday, December 31st

12:15 pm Daily Mass • 2:30 pm Confessions

4:00 pm Anticipated Mass of Mary, Mother of God

New Year's Day - Sunday, January 1st Feast of Mary, Mother of God

No 7:30 am Mass

10:00 am Mass (*note change of time*)

11:00 am Archbishop's Levee
in the Cathedral Hall

5:00 pm Mass

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Christmas Eve

4:00 pm Family Service

Fear Knot - Rev. Jenny Csinos

11 pm Holy Communion Service

Candlelight, Carols, Quiet Reflection

The Whisper of God - Rev. Lynn Uzans

Christmas Day 10:30 am

The Face of Hope - Rev. Lynn Uzans

January 1 - Christmas 2;

Holy Communion 10:30 am

Renewal - James Hazelton



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Advent & Christmas Schedule

Saturday, December 24, Christmas Eve

4:00 pm Children & Families' Christmas Pageant

All are welcome to join this event (no preparation required)

10:30 pm On the Road to Bethlehem - music of
the season featuring strings, organ, and soloists.

11:00 pm Candlelit Midnight Mass with special music

Sunday, December 25, Christmas Day

10:30 am Choral Holy Communion

Friday, January 6, The Feast of the Epiphany

6:00 pm Choral Holy Communion

Sunday, January 8, Epiphany 1

8:00 am Said Holy Communion

10:30 am Choral Holy Communion

4:30 pm The Adoration of the Magi - music of
the season featuring harpist Ellen Gibling

5:00 pm A Service of Nine Lessons and Carols
for Epiphany

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CHRISTMAS WORSHIP 2016

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CHRISTMAS DAY DEC 25 - 11AM

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After their latest loss, the Jacksonville Jaguars fired Gus Bradley, ending the least successful coaching tenure (14-48, .225) in NFL history



Packers put Bears on ice

NFL

Green Bay keeps its cool to win fourth straight game

Aaron Rodgers and the Green Bay Packers were rolling along with a big lead, looking as though they would take another step toward a playoff spot and the top of the NFC North.

Once it disappeared, they still found a way to pull out the victory.

Rodgers hit Jordy Nelson with a 60-yard pass to set up Mason Crosby's 32-yard field goal as time expired, lifting the Green Bay Packers to a 30-27 victory over the Bears in one of the coldest games (-11 C) ever played in Chicago on Sunday.

Wide receiver-turned-running back Ty Montgomery ran for a career-high 162 yards and two touchdowns. Micah Hyde broke up a potential go-ahead touchdown pass, and the Packers (8-6) earned their fourth straight victory despite blowing a 27-10 lead in the fourth quarter.

They also moved ahead of Minnesota for sole possession of second place in the NFC North and pulled within a game of division leader Detroit, with the Vikings getting pounded by Indianapolis and the Lions losing to the New York Giants.

"I think we have a lot of grit as a team," Rodgers said. "We stick together in adverse situations. There wasn't any finger pointing after 27-10 turned into 27-27 for either side. We just knew we had

to go out and make something happen. It's fun to be standing here at 8-6. We all know what 4-6 felt like. It was tough."

For the Bears (3-11), it was more of the same.

"The team has a lot of character," Chicago defensive end Akiem Hicks said. "The team has a lot of players who are willing to fight to the end, put everything on the line. This is our life. This is what we do." THE ASSOCIATED PRESS

With no timeouts, the Packers downed the ball before Crosby booted his winner.

"The team has a lot of character," Chicago defensive end Akiem Hicks said. "The team has a lot of players who are willing to fight to the end, put everything on the line. This is our life. This is what we do." THE ASSOCIATED PRESS



Packers receiver Jordy Nelson hauls in a 60-yard reception ahead of the Bears' Cre'von LeBlanc on Sunday in Chicago.

JOE ROBBINS/GETTY IMAGES

Browns remain winless at 0-14

With two games left, coach Hue Jackson is considering any and all options to prevent the Cleveland Browns from matching the NFL single-season record for futility.

"Everything's going to be on the table," Jackson said after the Browns fell to 0-14 following a 33-13 loss to the Buffalo Bills on Sunday. "I think I owe these guys the best opportunity to win."

And when Jackson says, everything, he's not ruling yet another potential change in quarterback after Robert Griffin III was inconsistent in making his second consecutive start.

"Everybody," Jackson said. "Everybody's in play."

LeSean McCoy had a season-best 153 yards rushing and scored twice in helping the Bills (7-7) keep their slim playoff hopes alive.

The 2008 Detroit Lions are the NFL's only team to go without a win in a 16-game season.

THE ASSOCIATED PRESS

WEEK 15 SCORES

THURSDAY

Seahawks 24, Rams 3

SATURDAY

Dolphins 34, Jets 13

SUNDAY

Texans 21, Jaguars 20

Giants 17, Lions 6

Packers 30, Bears 27

Bills 33, Browns 13

Steelers 24, Bengals 20

Titans 19, Chiefs 17

Colts 34, Vikings 6

Ravens 27, Eagles 26

Saints 48, Cardinals 41

Falcons 41, 49ers 13

Patriots 16, Broncos 3

Raiders 19, Chargers 16

Buccaneers at Cowboys*

MONDAY

Panthers at Redskins

*Sunday's late game

SPEEDSKATING

Hamelin captures gold on short track

Charles Hamelin won gold and Charle Cournoyer took bronze in a men's 1,000-metre race as Canada claimed four medals Sunday at a World Cup short-track speedskating stop in Gangneung, South Korea.

The Canadian men's relay team collected a medal for the first time this season by earning silver, while the women's relay team won bronze as Canada ended the two-day event with nine medals.

"I really wanted to give



Charles Hamelin
GETTY IMAGES FILE

everything to find my way onto the podium, find some confidence and get some good vibes in this building before leaving, because the next time we will come here, it will probably be during the Olympics," Hamelin said. THE CANADIAN PRESS

IN BRIEF

Gut rebounds to top super-G podium in France

Lara Gut bounced back in style from two miserable performances to win a World Cup super-G race on Sunday for her third victory of the season and 21st career win.

The defending World Cup overall champion had failed to finish Friday's Alpine combined race and Saturday's downhill in Val d'Isere, France, dropping valuable points to current World Cup leader Mikaela Shiffrin of the United States.

THE CANADIAN PRESS

Tortorella burns former team for win No. 500

Seth Jones scored 46 seconds into overtime, and John Tortorella picked up his 500th victory as an NHL head coach on Sunday as the Blue Jackets defeated the Vancouver Canucks 4-3.

Columbus (20-5-4) has now won nine in a row.

The all-time wins leader among American-born coaches, Tortorella's milestone came against the team he coached during the 2013-14 campaign.

THE CANADIAN PRESS

NHL

Ehlers scores twice in Jets' win over Avs

Nikolaj Ehlers scored twice as the Winnipeg Jets topped the Colorado Avalanche 4-1 on Sunday afternoon.

Mark Scheifele set up a pair of young goal scorers for Winnipeg (15-16-3). Rookie Patrik Laine scored his 18th of the season early in the second period proved, while Blake Wheeler and Ehlers added goals just 1:09 apart in the third. Ehlers scored his second of the game into an empty net.

Jets goaltender Connor

SUNDAY In Winnipeg

4
JETS

1
AVS

Hellebuyck made 27 saves to improve his personal record to 12-10-1 on the season.

Jarome Iginla had a power-play goal for Colorado with just over two minutes left to play.

THE CANADIAN PRESS

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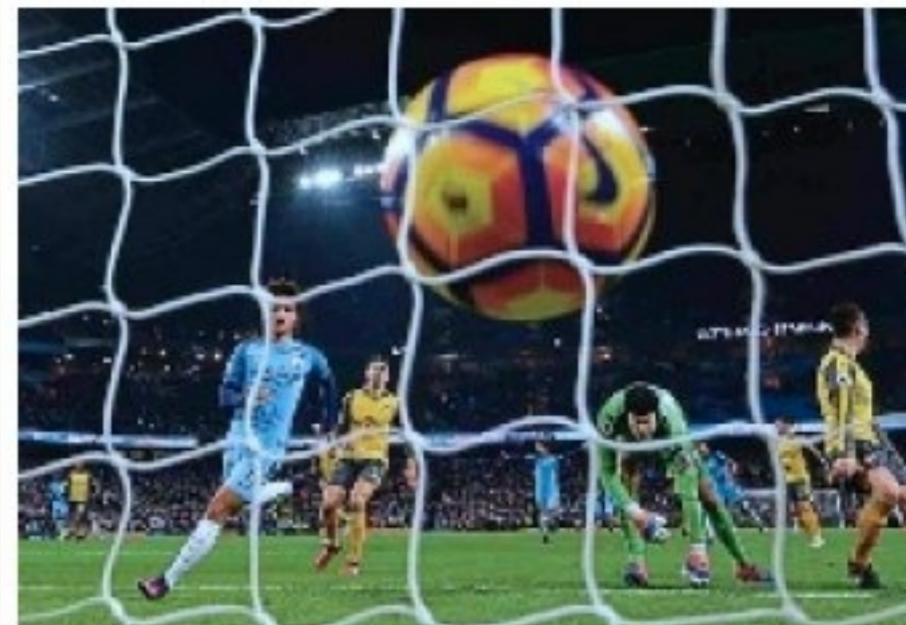
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metro SPORTS



Manchester City's Leroy Sane, left, scores his side's first goal in their crunch league game against Arsenal at the Etihad Stadium on Sunday in Manchester, England. CLIVE BRUNSKILL/GETTY IMAGES

City outdraw lax Gunners

PREMIER LEAGUE

Sterling, Sane strike in second half after early Walcott opener

Raheem Sterling capped a rousing second-half comeback by Manchester City with the winning goal as Arsenal squandered a lead to lose 2-1 for the second time in five days in the English Premier League on Sunday.

The England winger collected Kevin De Bruyne's sensational cross-field pass before cutting inside and driving home a low finish in the 71st minute at Etihad Stadium. Arsenal led through Theo Walcott's fifth-minute strike—another goal that raised questions about City's defensive frailties—before Leroy Sane equalized in the 47th with his first goal for City.

While City moved back to within seven points of first-place Chelsea, Arsenal dropped nine points off the leaders at the end of a week in which Arsene Wenger's team also lost after being 1-0 up at Everton on Tuesday.

"We were caught cold in the second half and we dropped

SUNDAY in Manchester

2 MAN. CITY **1** ARSENAL

physically," Wenger said.

City has reacted to a 4-2 loss at Leicester last weekend—which led to fierce criticism of coach Pep Guardiola's tactics—with two wins this week to revive the team's title challenge.

Guardiola's side dominated the second half after playing it without a recognized striker, with Sterling sent out to the right flank. With Fernandinho back from a three-match suspension next week against Hull, Sergio Aguero only banned for one more game and Brazil striker Gabriel Jesus joining in January, things are looking up for City again.

THE ASSOCIATED PRESS

RESULTS

- Bournemouth 1
- Southampton 3
- Tottenham 2
- Burnley 1

CLUB WORLD CUP

Ronaldo hat-trick sinks plucky Antlers

Cristiano Ronaldo scored a hat trick on Sunday as European champion Real Madrid claimed its second Club World Cup title by beating brave and overachieving Japanese side Kashima Antlers 4-2 after extra time.

With the score at 2-2 in Japan after normal time, Ronaldo received a pass from Karim Benzema in the 98th minute and calmly fired under Kashima

goalkeeper Hitoshi Sogahata to make it 3-2. The Portuguese star then sealed the win six minutes later with a left-footed shot to the roof of the net. THE ASSOCIATED PRESS



Cristiano Ronaldo
GETTY IMAGES

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MAKE IT TONIGHT**Easy Cheese Pear Melt**

PHOTO: MAYA VISNY

Ceri Marsh & Laura Keogh
For Metro Canada

Our goal this week is fast and easy dinner. This grilled cheese is amped up with delicious extras like sliced pears and mushrooms and a hit of Dijon for zing.

Ready in 15 minutes

Prep time: 5 minutes
Cook time: 10 minutes
Serves 1

Ingredients

- Butter
- Cremini mushrooms, thinly sliced
- Pumpernickel bread
- Dijon mustard (optional)
- Fontina cheese, grated
- Pears, thinly sliced

Directions

1. In a skillet, melt a pat of butter over medium heat. Toss in sliced

mushrooms and push around until they soften. Remove from pan and set aside. Wipe pan.

2. Butter bread (and swipe other side with a bit of Dijon) and place each piece in pan, butter side down. Place a handful of Fontina on each, then press down a couple of slices of pear, followed by a spoonful of mushrooms. Place another piece of pumpernickel on top, butter side out. Let sizzle 2 or 3 minutes, peeking at the underside with a spatula to ensure bread is toasting not burning. Flip.
3. Allow to grill for a couple more minutes then remove from the heat. Cut in half and serve warm.

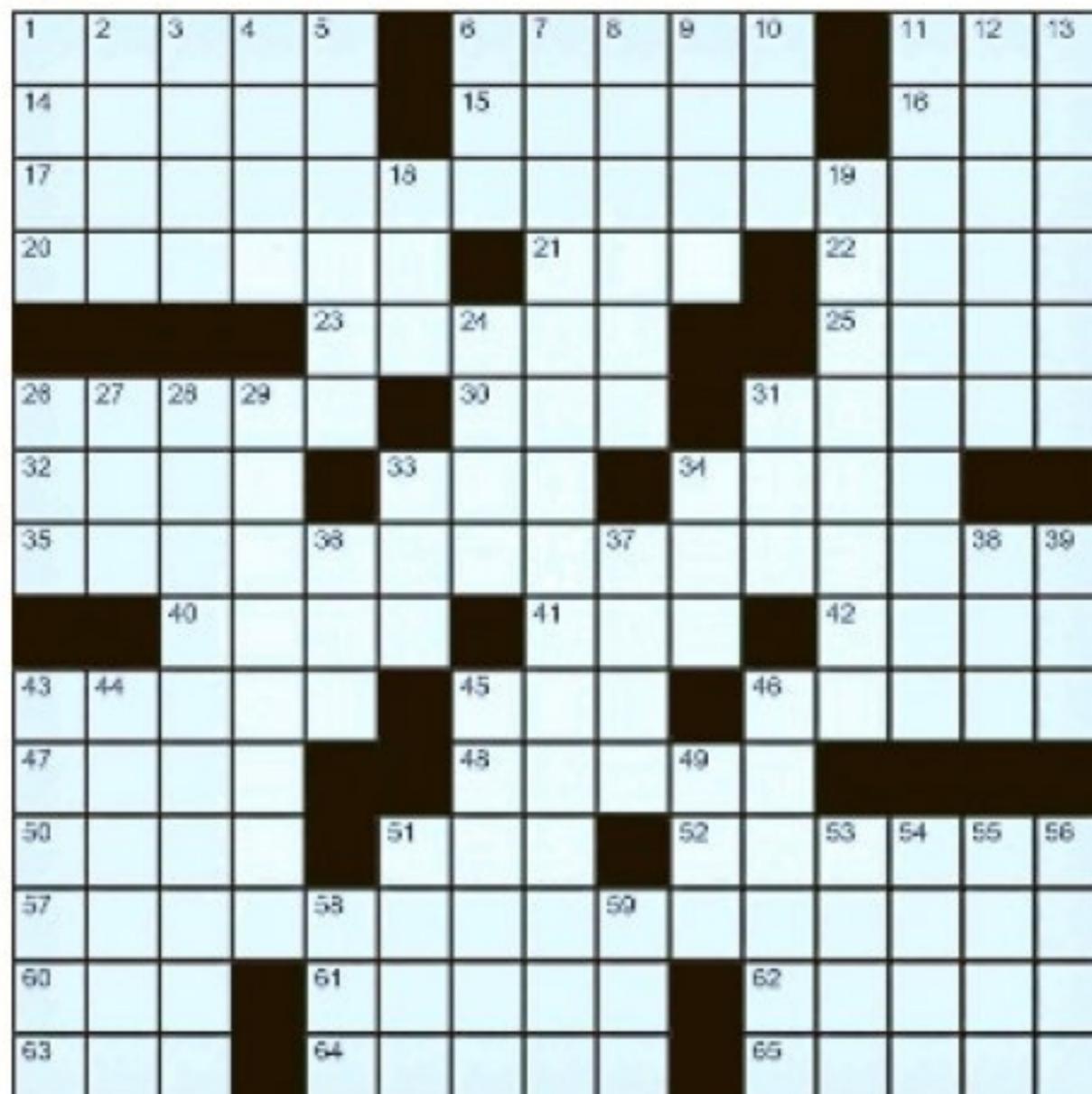
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Jewelry fastener
6. Tropical beach gear
11. Boxer's size stat.
14. Broadcaster
15. Taboos
16. Charlemagne's li'l domain
17. Christmas Eve gifts for Santa: 3 wds.
20. Send word
21. Merriment
22. 'Meteor' suffixes
23. Serenity, _ peace
25. Filmmaker Ms. Riefenstahl
26. _ kit (Heath 'cleanse' purchase)
30. Water wiggler
31. Who's Afraid of Virginia Woolf? playwright Edward
32. Story told backwards?
33. Food scrap
34. Latin hymn: "Dies _"
35. "Sleigh Ride" bit: "We're riding along with a song / Of a _ _ _"
40. Christmastime
41. Wheat: French
42. Montana's motto, ' _ Plata'
43. Krispy _ Doughnuts
45. Mr. Gore's
46. Swamp plant
47. Canadian hardware store
48. Respond
50. Book's ID
51. Ms. Messing, mini-ly
52. Rooming house tenant
57. Christmastime 'tis the what?: 4 wds.
60. Sigma's alphabetic follower
61. Lake _ (American ski resort area)
62. _ Lumpur, Malaysia
63. "Delish!"
64. City of Honshu in Japan
65. Suze _ (Personal finance TV



(personality)

DOWN

1. Cereal brand, ' _ Crunch
2. " _ & Stitch" (2002)
3. "How now, _ ?" - Hamlet
4. Son of Ramses I

5. 'Hemi' or 'Micro', for example

6. Ski hill machine, _ -Cat
7. Literary purchase that also serves as a home decor feature: 3 wds.
8. Straighten hair
9. Benefit

10. Mount _ (Volcano in Japan)

11. Santa Claus feature: 2 wds.
12. Canadian star Lorne of "Bonanza"
13. Music hall star Ms. O'Shea who shared the billing the famous night The Beatles first ap-

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

			6	1		
			4		8	
			8		4	7
4	9		2	7		
5		3	7	1	6	
1					2	
8					9	
6	7	2	4	3		
6	8					

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*** IT'S ALL IN THE STARS Your daily horoscope by Francis Drake**

Aries March 21 - April 20
Grab every chance to travel, because you need a change of scenery. Likewise, you will love to learn something new if you take a course or study something unusual.

Taurus April 21 - May 21
You can make headway clearing up loose details about shared property, inheritances, taxes and debt. Just roll up your sleeves and dig in. Now is the time!

Gemini May 22 - June 21
You can learn a lot about your style of relating to friends, spouses and partners at this time. Observe your style of dealing with those who are closest to you.

Cancer June 22 - July 23
You have a lot of stuff, and anything you do to help you feel better organized is a good thing. What can you do today to make your life run more smoothly?

Leo July 24 - Aug. 23
You want to play and take time off from drudgery, even if it's just catching a game or going out for dinner or seeing a movie. You need some fun!

Virgo Aug. 24 - Sept. 23
Because you will likely earn more money soon, this is a good time to think about how you can make home repairs. You also might be focused on a parent more than usual.

Libra Sept. 24 - Oct. 23
This is a busy time for you, because short trips, reading, writing and talking to everyone will keep you on the go. Enjoy this accelerated pace.

Scorpio Oct. 24 - Nov. 22
It's important to know what your money situation is. How much do you own? How much do you make? How much do you owe? Knowledge is power.

Sagittarius Nov. 23 - Dec. 21
Make the most of this time with three planets are in your sign. It's easy to attract positive situations now, which means you can come out on top.

Capricorn Dec. 22 - Jan. 20
You might want to hide for a few days, because you're not ready to step out into the world. When your birthday arrives, things will be different.

Aquarius Jan. 21 - Feb. 19
Enjoy your popularity with others now. Probably more than any other sign in the zodiac, friendships mean a lot to you.

Pisces Feb. 20 - March 20
Because you look so good to bosses and VIPs, use this time to go after what you want. Promote your own agenda. Speak up.



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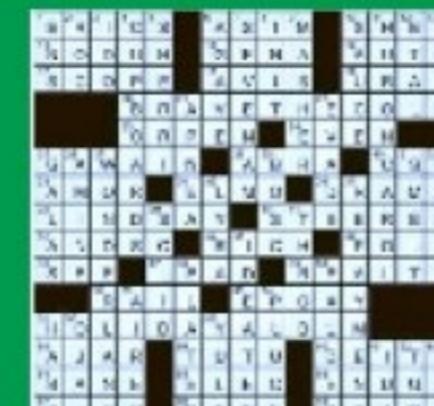
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